



Physician

Specialties:

Breast Surgery

Board Certifications:

General Surgery

**Texas Breast Specialists-
Methodist Dallas Cancer
Center**

221 W. Colorado Blvd.,
Pavilion II, Suite 532
Dallas, TX 75208
T: 214-943-8605

**Texas Breast Specialists-
Mansfield**

252 Matlock Road, Suite
140
Mansfield, TX 76063
T: 844-636-4673

**Texas Breast Specialists-
Waxahachie**

1626 W. Hwy 287 Business,
Suite 102
Waxahachie, TX 75165
T: 844-636-4673

Metro Area: Dallas, Fort
Worth

Education

- **Research Fellowship in Colorectal and Trauma Labs**
The University of Tennessee Health Science Center, Memphis, TN
- **Residency in General Surgery**
The University of Tennessee Health Science Center, Memphis, TN
- **Medical Doctorate**
The University of Texas Southwestern Medical School, Dallas, TX

Surgery Locations

- Methodist Dallas Medical Center
- Methodist Mansfield Medical Center
- Baylor Scott & White Medical Center – Waxahachie
- North Texas Surgery Center

Other Information

Dr. Birdwell is a native to the Dallas metroplex and resides locally near family and long time friends. She enjoys watersports, fishing, outdoor activities, cooking, and spending time with family.

Accolades & Memberships

- American College of Surgeons, Dallas County Chapter
- American Society of Breast Surgeons
- Best Doctors in Dallas 2017 and 2018 - General Surgery
- Harwell Wilson Surgical Society
- Komen Dallas County - 2018 Big Wig

Research Interest

Dr. Birdwell specializes in multi-disciplinary delivery of breast cancer care, oncoplastic techniques to achieve best cosmetic outcomes, and robotic assisted surgery. She has close coordination with the medical oncologist, radiation oncologist, and reconstructive surgeons to provide comprehensive breast cancer care. Frequently, office visits with one or more of these specialists are coordinated to achieve patient-centered care in a timely fashion.

Conditions Treated

Breast Surgery

- Lumpectomy (partial mastectomy)
- Mastectomy – simple, skin sparing and nipple sparing
- Oncoplastic techniques to achieve optimal cosmetic outcome
- Sentinel lymph node biopsy and axillary lymph node dissection
- Ultrasound-guided biopsy or aspiration of breast lesions

General Surgery

- Abdominal wall hernias
- Biliary disease
- Colon cancer
- Inguinal hernias
- Robotic Assisted Procedure
- Thyroid cancer and nodules
- Removal of skin cancers
- Sentinel lymph node biopsy