



Physician

Specialties:

Breast Surgery

Board Certifications:

General Surgery

Texas Breast

Specialists-Mansfield

252 Matlock Road, Suite 140

Mansfield, TX 76063

T: 844-636-4673

Texas Breast

Specialists-Methodist

Dallas Cancer Center

221 W. Colorado Blvd.,

Pavilion II, Suite 532

Dallas, TX 75208

T: 214-943-8605

Texas Breast

Specialists-Midlothian

979 Don Floyd Drive, Suite

104

Midlothian, TX 76065

T: 214-943-8605

Metro Area: Dallas, Fort

Worth

Spoken Language:

English

Education

• **Research Fellowship in Colorectal and Trauma Labs**

The University of Tennessee Health Science Center, Memphis, TN

• **Residency in General Surgery**

The University of Tennessee Health Science Center, Memphis, TN

• **Medical Doctorate**

The University of Texas Southwestern Medical School, Dallas, TX

Surgery Locations

- Methodist Dallas Medical Center
- Methodist Mansfield Medical Center
- Baylor Scott & White Medical Center – Waxahachie
- North Texas Surgery Center

Research Interest

Dr. Birdwell specializes in multi-disciplinary delivery of breast cancer care, oncoplastic techniques to achieve best cosmetic outcomes, and robotic assisted surgery. She has close coordination with the medical oncologist, radiation oncologist, and reconstructive surgeons to provide comprehensive breast cancer care. Frequently, office visits with one or more of these specialists are coordinated to achieve patient-centered care in a timely fashion.

Other Information

Dr. Birdwell is a native to the Dallas metroplex and resides locally near family and long time friends. She enjoys watersports, fishing, outdoor activities, cooking, and spending time with family.

Office & Outpatient

- Abscess Drainage
- Breast MRI
- Breast Sonography and Ultrasound
- Cyst Aspiration
- Lymphedema Screening and Prevention Program
- Mediport Removal
- Skin Biopsies
- Needle Biopsy of Breast Lesions - US Guided

Surgical Procedures

- Axillary Lymph Node Dissection
- Excision of Chest Wall Tumors
- Excisional Breast Biopsy
- Hidden Scar Lumpectomy & Mastectomy
- Hidden Scar Surgery
- Lumpectomy - Partial Mastectomy - Quadrantectomy
- Mastectomy
- Mediport Placement
- Nipple Duct Excision
- Nipple Sparing Mastectomy
- Oncoplastic Tissue Rearrangement
- Radical Excision of Metastatic Lesions
- Reconstructive Surgery
- Sentinel Lymph Node Biopsy
- Wire Localization Excisional Biopsy

Breast Surgery

- Lumpectomy (partial mastectomy)
- Mastectomy – simple, skin sparing and nipple sparing
- Oncoplastic techniques to achieve optimal cosmetic outcome
- Sentinel lymph node biopsy and axillary lymph node dissection
- Ultrasound-guided biopsy or aspiration of breast lesions

Accolades & Memberships

- American College of Surgeons, Dallas County Chapter
- American Society of Breast Surgeons
- Best Doctors in Dallas 2017 and 2018 - General Surgery
- Harwell Wilson Surgical Society
- Komen Dallas County - 2018 Big Wig