



Physician

Specialties:

Hematology
Medical Oncology

Board Certifications:

Medical Oncology
Hematology
Internal Medicine

**Texas Oncology-Austin
Central**

6204 Balcones Dr.
Austin, TX 78731
T: 512-427-9400

Metro Area: Austin
Spoken Language: English

General Summary

Dr. Chawla is a native Texas from El Paso, Texas. She enjoys spending time with her husband and two children. Her interests are diverse and include cooking with her children, volunteering, playing her violin, running, and making jewelry for family and for charity events. Most notably, she has run two marathons in honor of her patients through the Leukemia and Lymphoma Society's Team in Training.

Dr. Chawla is a proponent of a healthy lifestyle that includes regular exercise, eating a whole food, plant-based diet, and the practice of mindfulness. She believes that as a physician, it is important for her to "practice" what she recommends to her patients. She encourages her patients to make healthy lifestyle changes as well, as this may help influence their long term health and response to treatment.

Her patients can follow her on pinterest to get ideas & recommendations about recipes and lifestyle changes.

Education

- B.A. in Chemistry from Washington University in St Louis, 2001
- M.D. from the University of Texas Health Science Center in San Antonio, 2005
- Internal Medicine residency from UT Southwestern in Dallas, 2005-2008
- Hematology/Oncology fellowship from Washington University in St Louis, 2008-2011

Books That Encourage Healthy Living

- The China Study by Dr. T. Colin Campbell, PhD
- How Not to Die by Michael Greger, M.D.
- The Mayo Clinic Guide to Stress-Living by Amit Sood
- 365 Prescriptions for the Soul by Dr. Bernie S Siegel
- Love, Medicine, & Miracles by Dr. Bernie S Siegel

Accolades & Memberships

- Chief Hematology/Oncology Fellow at Washington University in St Louis
- Veterans Administration Award for Outstanding patient service at UT Southwestern in Dallas
- American Society of Clinical Oncology, member
- American Society of Hematology, member
- Travis County Medical Society, member
- Travis County Medical Alliance, member
- Breast Cancer Resource Center, Board Member