



Nurse Practitioner

Specialties:

Medical Oncology

Board Certifications:

Adult Clinical Nurse
Specialist

**Texas Oncology-Austin
Central**

6204 Balcones Dr.
Austin, TX 78731
T: 512-427-9400

Metro Area: Austin

General Summary

Dr. Sabrina Mikan is director of supportive care programs for Texas Oncology. Dr. Mikan is also a clinical nurse specialist, an advanced practice provider, at Texas Oncology-Austin Central. Her career includes clinical care, nursing research, and teaching undergraduate and graduate students at The University of Texas at Austin School of Nursing. She has worked in palliative and hospice care in for more than 14 years.

Dr. Mikan is involved in the program development and clinical aspects of patient care statewide. Specifically, she contributes to the care of individuals with advanced stage cancers, assists with advance care planning, and connecting individuals to and following them after referrals to palliative medicine all with a focus on improving individual quality of life. She is director of three programs statewide — Therapy Review and Coordination, My Choices, My Wishes Advance Care Planning, and Empowering Wellness Cancer Survivorship.

In addition to programs, Dr. Mikan is involved in research to improve quality of life for family caregivers of cancer patients and bereaved family caregivers. She has presented her research findings at national and international conferences including the International Congress of Palliative Medicine, Oncology Nursing Society Annual Congress, Center for Health Promotion Research at UT Austin, MD Anderson Cancer Center, the Center to Advance Palliative Care and the American Society of Clinical Oncology. Dr. Mikan is an adjunct clinical professor of nursing at The University of Texas at Austin School of Nursing. In this role she serves as a clinical preceptor and professional mentor for master's and doctoral students. She routinely gives lectures on palliative care, advance care planning, and survivorship at UT Austin, Concordia University, and Austin Community College.

Education

- **2003: Bachelor's of Science in Nursing (BSN)**
University of Texas at Austin, TX
- **2005: Master's of Science in Nursing (MSN)**
University of Texas at Austin, TX
- **2011: Doctor of Philosophy (PhD)**
University of Texas at Austin, TX

Her dissertation and area of research is palliative medicine and quality of life focusing on pain management in the adult HIV/AIDS population.

Accolades & Memberships

Dr. Mikan's areas of leadership include serving as a board member for the Texas Nurses Association (TNA) District 5, serving as a board member for the Austin-Area HIV Planning Council, and serving as a Council Member for the Texas Exes representing the School of Nursing. She also served as President of the Austin chapter of the Association of Nurses in AIDS Care (ANAC).

Dr. Mikan received the distinguished UT Austin University Fellowship for two years, the Joe and Tana Christie Endowed Presidential Scholarship for five years, Lee Hage and Joseph D. Jamail Endowed Scholarship in Nursing for two years, Texas Nurses Association Graduate Scholarship, Sigma Theta Tau International Austin Chapter Scholarship, and the James S. Kemper Foundation Scholarship.

Memberships include the Oncology Nursing Society, Central Texas Oncology Nursing Society, Sigma Theta Tau International Nursing Honor Society, International AIDS Society, American Academy of Hospice and Palliative Medicine, Association of Nurses in AIDS Care National and Austin Chapter (ANAC), American Nurses' Association (ANA), Texas Nurses' Association (TNA) and National Association of Clinical Nurse Specialists (NACNS).

Dr. Mikan was awarded as outstanding community outreach & research honor by the Central Texas Oncology Nursing Society.

Publications

- **Easing the Way to Measuring Sleep in a Community Oncology Care Setting**
Oncology Nursing Society Annual Congress, 2017
- **Successful Deployment of Nurse Practitioner (NP)-Facilitated Advance Care Planning (ACP) in a Radiation Oncology Department**
Annual Meeting American Society for Radiation Oncology (ASTRO), 2017
- **A Pilot Study of a Cognitive-Behavioral Intervention for Breast Cancer Survivors**
Oncology Nursing Forum, 2017
- **If We Don't Ask, Our Patients Might Never Tell: The Impact of the Routine Use of a Patient Values Assessment**
Journal of Oncology Practice, 2017
- **Advanced Practice Providers and Survivorship Care Plans**

Other Information

Dr. Mikan is a young philanthropist and completed the LBJ School of Public Affairs RGK Center's Portfolio Program in Philanthropy due to her passion for health care advocacy. Her extracurricular activities include traveling for leisure to various parts of Europe and volunteering. She has volunteered in the Bahamas, Thailand and Lusaka, Zambia. She enjoys the cultural arts, including visiting museums, attending performances of the Austin Symphony Orchestra, Ballet Austin, Zachary Scott Theater and a variety of events. Film and music are some of her passions, especially documentary films.

American Society of Clinical Oncology Cancer Survivorship Symposium, 2016