



Physician

Specialties:

Colon & Rectal Surgery

Board Certifications:

General Surgery
Colon and Rectal Surgery

Texas Oncology Surgical Specialists- Amarillo

1000 S. Coulter, Suite 100
Amarillo, TX 79106
T: 806-457-2068

Metro Area: Panhandle Spoken Languages:
English, Spanish

Education

- **Fellowship in Colon and Rectal Surgery**
The University of Texas Health Science Center at Houston, Division of Colon and Rectal Surgery, Houston, TX
- **Residency**
Penn State Health Milton S. Hershey Medical Center, Department of Surgery, Hershey, PA
- **Medical Doctorate**
The University of Texas Southwestern Medical Center, Dallas, TX

Surgery Locations

- ADC Endoscopy Specialist
- Amarillo Endoscopy Center
- BSA Hospital
- Northwest Surgical Hospital
- Northwest Texas Healthcare System
- Panhandle Surgical Hospital

Other Information

Dr. Rachel Weinheimer and her husband, Dr. Kent Weinheimer, have three young children. She enjoys taking walks in the neighborhood, playing tennis, and eating other people’s cooking. She was a performance harpist throughout college, medical school, and residency. She is fluent in Spanish and has spent months working in missionary hospitals throughout South America.

Why a patient should choose treatment at your practice?

I aim to create a safe environment where patients can seek treatment for challenging problems. I listen to my patients, provide them with all options of care, and then we agree upon a plan together.

What is your personal philosophy around patient care?

“We make a living by what we get, but we make a life by what we give.” -Winston Churchill

Conditions

- Anal Fissures
- Perirectal Abscesses
- Anal Cancer
- Anal Fistulae
- Anorectal Disease (HPV, Levator Ani Syndrome, Skin Tags, Anal Warts, Lichen Sclerosis, etc.)
- Bloating, Early Satiety, Anemia
- Recurrent C. Diff Colitis, Toxic Megacolon
- Colon Cancer
- Colon Polyps
- Colonic Dysmotility and Inertia
- Colonic Strictures
- Constipation
- Ileostomy/Colostomy Malfunction, Bleeding and Prolapse
- Crohn’s Disease
- Diverticulitis
- Fecal Incontinence
- Hemorrhoids
- HPV and Anal Dysplasia
- Inflammatory Bowel Disease (IBD)
- Lynch Syndrome
- Pelvic Floor Dysfunction (Defecatory Disorder)
- Parastomal Hernias
- Perineal Trauma
- Pilonidal Disease
- Polyposis Syndrome
- Pouchitis
- Pruritus Ani
- Thrombosed Hemorrhoids
- Rectal Cancer
- Rectal Pain
- Rectal Bleeding, Lower GI Bleeding
- Rectal Prolapse
- Rectocele
- Recto-Vaginal Fistula
- Ulcerative Colitis

Procedures

Dr. Weinheimer is the only female performing screening colonoscopies in the Texas Panhandle.

- Colonoscopy, Screening and Therapeutic
- Hemorrhoidectomy
- Excision of Skin Tags
- Fistulotomy
- Fecal transplant for Refractory C.Diff Colitis
- Anal Sphincter Chemodenervation/BOTOX®

Procedures

- Treatment of Fissures
- Sphincterotomy and LIFT Procedure
- Pilonidal Cystectomy
- Colostomy and Ileostomy Reversal Surgery
- Sphincter-preserving Rectal Cancer Surgery
- Ileoanal Anastomosis (J-pouch) Surgery
- InterStim
- Minimally Invasive Surgery for Small Bowel, Colon and Rectal Resections (Benign and Malignant)
- Laparoscopic Surgery
- Trans-anal Minimally Invasive Surgery (TAMIS) and Trans-anal Endoscopic Microsurgery (TEM)
- Robotic Surgery
- Sacral Nerve Stimulation for Fecal Incontinence
- Pelvic Floor Evaluation, Therapy and Biofeedback

Teaching

- Associate clinical professor at Texas Tech University Health Science Center School of Medicine - Amarillo branch

Accolades & Memberships

- Alpha Omega Alpha Honor Medical Society
- American College of Surgeons
- American Society of Colon and Rectal Surgeons
- Dean's Regional Community Faculty Award, Texas Tech Health Science Center
- Society of American Gastrointestinal and Endoscopic Surgeons

Community Service

Dr. Weinheimer regularly volunteers at Heal the City, a non-profit clinic that provides free healthcare to members of the Amarillo community. She supports the Christian Relief Fund, an organization that aims to reduce child poverty.

- Volunteer and Harpist, Women in Surgery Events (2014-2015)
- The Monday Clinic, Manager, Dallas, TX (2009-2013)
- Casa Hogar del Campesino, Hospital Volunteer (2010-2011)