

A GUIDE TO CREATING YOUR CANCER GAME PLAN

Texas Oncology encourages patients to play an active role in their care through the following steps.

ESTABLISH TRUST



Once diagnosed, **developing rapport with your care team** starts during the first meeting.

PLAY AN ACTIVE ROLE

Your values matter. Shared-decision making is essential to creating the right treatment plan for you.

What stage is my cancer?

What are my treatment options?

KNOW WHAT TO EXPECT



Once a treatment plan is determined, **patients meet with multiple care team members**, and may include advanced practice providers (APPs), financial counselors, social workers, and pharmacists.

COME READY WITH QUESTIONS

The **treatment review and coordination (TRC)** visit is the perfect opportunity to ask.

PREPARE FOR TREATMENT

Each patient's pre-treatment preparation is unique. **Ask your care team how to prepare.**

ADVOCATE FOR YOUR HEALTH

Take control of your cancer experience by **honestly communicating with your care team** before, during, and after treatment.