Texas Oncology encourages patients to play an active role in their care through the following steps.

**Establish Trust**
Once diagnosed, developing rapport with your care team starts during the first meeting.

**Know What to Expect**
Once a treatment plan is determined, patients meet with multiple care team members, and may include advanced practice providers (APPs), financial counselors, social workers, and pharmacists.

**Play an Active Role**
Your values matter. Shared-decision making is essential to creating the right treatment plan for you.

- What are my treatment options?
- What stage is my cancer?

**Prepare for Treatment**
Each patient’s pre-treatment preparation is unique. Ask your care team how to prepare.

**Come Ready with Questions**
The treatment review and coordination (TRC) visit is the perfect opportunity to ask.

**Advocate for Your Health**
Take control of your cancer experience by honestly communicating with your care team before, during, and after treatment.