

Texans with Cancer

In 2020, more than 1.8 million new cases of cancer are expected to be diagnosed in the United States; more than 127,131 will be in Texas.

2020 State Statistics

- **All Cancers:** Approximately 45,858 Texans are expected to die of cancer, second only to heart disease, the leading cause of death, according to the Centers for Disease Control.
- **Prostate Cancer:** Prostate cancer is the most commonly diagnosed cancer in men, other than skin cancer. Texas currently ranks third in the United States in estimated new cases and expected cancer deaths due to prostate cancer.
- **Breast Cancer:** Breast cancer is the most commonly diagnosed cancer in women. Texas ranks third in the United States in estimated new cases and second in expected cancer deaths due to breast cancer.
- **Lung Cancer:** Lung cancer is the most commonly diagnosed cancer in Texas for men and women combined. Texas ranks third in the United States in estimated new cases and expected deaths due to lung cancer.
- **Colon Cancer:** Colon cancer ranks as the second most commonly diagnosed cancer in Texas men and women combined. Nationally, Texas ranks second in expected new cases and second in estimated cancer deaths.
- **Skin Cancer:** The climate of Texas, combined with the number of Texans who regularly work and play outdoors, create a perfect climate for skin cancer. More than 4,000 cases of melanoma skin cancer will be diagnosed in Texas this year. Basal cell and squamous cell are much more prevalent.

State and National Statistics: State statistics are from the Texas Cancer Registry; national numbers are from the American Cancer Society.

Successful cancer treatment is dependent on early detection and quality of care. Having access to evidence-based treatment services and selecting the right option for each individual patient is essential.

Tips for Selecting a Treatment Provider

Most adults will share the treatment decision with a partner or spouse, but parents, friends, and children are other key influencers. Following are several tips to consider when selecting the best treatment option:

- **References:** Obtain multiple references from a primary care or specialty physician, which allows you to research and find the physician with whom you feel most comfortable.
- **Level of treatment available:** Will you have access to the latest treatments, as well as the most innovative techniques through clinical trials?
- **Location and ease of access:** Will treatment be available close to home and can all activities be completed in one complex, or will you have to travel to multiple locations?
- **Cancer Type:** Does the doctor have experience treating your type of cancer?
- **Experience:** What are the doctor's credentials? Is the doctor board certified or have advanced training?
- **Communication:** Does the doctor communicate with you clearly and treat you with respect?
- **Quality of nurses and staff:** How comfortable will you feel while you are being treated?
- **Insurance:** Consider whether the physician and treatment center are covered by your insurance plan.

Networks like Texas Oncology strive to deliver high-quality care from leading physicians, right in the comfort of their own communities. Our mission is to provide excellent, evidence-based care for each patient we serve, while advancing cancer care for tomorrow.

Sources: American Cancer Society, American Society of Clinical Oncology, Centers for Disease Control and Prevention, National Cancer Institute, Texas Cancer Registry, and Texas Oncology Physicians

