

Social Worker
Specialties:
Social Work

# Certifications: Licensed Clinical Social Worker

## Texas Oncology-Fredericksburg 506 W. Windcrest St., Suite 300

Fredericksburg, TX 78624 T: 830-990-0255

## Texas Oncology-Kerrville

694 Hill Country Dr. Kerrville, TX 78028 T: 830-792-3434

## Texas Oncology-San Antonio Downtown 1200 Brooklyn Ave., Suite 115

San Antonio, TX 78212 T: 210-224-6531

Texas Oncology-San Antonio Northeast 2130 NE Loop 410, Suite 100

San Antonio, TX 78217 T: 210-656-7177

Metro Area: San Antonio Spoken Language: English

#### **General Summary**

Benny A. Perales, MSW, LCSW, is a licensed master social worker who has worked in the social work profession for more than eight years. Benny's professional experience is in the psychiatric, corrections, and medical field. He currently provides integrated behavioral health and psychosocial support for clinics and hospitals. Therapeutically, Benny supports a range of mental health issues associated with cancer including depression, anxiety, adjustment, grief, and guilt; as well as help in navigating the complex resource needs patients might encounter in their treatment journey.

#### Education

- Internship in Palliative Care and Bereavement Counseling
   Veterans Health Administration, San Antonio, TX
- Master of Social Work
   Texas State University, San Marcos, TX
- Bachelor of Applied Arts and Sciences in Psychology
   Texas A&M University-San Antonio, San Antonio, TX
- Associates of Interpreting for the Deaf
   San Antonio College, San Antonio, TX

#### Other Information

Benny is from San Antonio, Texas and is proud to be the first person in his family to go to high school and earn a college degree. This is his second career after retiring as a nationally certified sign language interpreter. Benny has a passion for working with individuals who have been diagnosed with cancer. He takes pride in ensuring each patient is seen and heard while providing a safe space to be vulnerable. Previous experience includes working with individuals who have been incarcerated, acute mental health requiring psychiatric admission and treatment, and providing grief therapy for life changing events. Benny is a veteran having served in the United States Marine Corps, a cancer survivor, a proud uncle, a good son, as well as an advocate for those who are marginalized in our society. Benny practices selfcare by laughing as much as possible, journaling, meditating, feeling his feelings, and going to the movies with friends and family.

#### **Previous Clinical Practice**

- San Antonio Behavioral Healthcare Hospital, Director of Social Services, San Antonio, TX (July 2022 – March 2023)
- San Antonio Behavioral Healthcare Hospital, Licensed Master Social Worker and Admission Intake Counselor, San Antonio, TX (September 2019 – July 2022)
- Bexar County Adult Detention Center, Senior Social Worker, San Antonio, TX (April 2016 – July 2018)
- University Health Bexar County Adult Detention Center, Social Worker Supervisor, San Antonio, TX (August 2016 – July 2017)

### Accolades & Memberships

Association of Oncology Social Work

