

Texans with Cancer

In 2016, more than 1.68 million new cases of cancer are expected to be diagnosed in the United States; more than 116,000 will be in Texas.

State Statistics

- More than 39,450 Texans are expected to die of cancer in 2016, second only to heart disease, the leading cause of death.
- In men, prostate cancer is the most commonly diagnosed cancer. In 2016, Texas currently ranks third in the United States in estimated new cases and fourth in expected cancer deaths due to prostate cancer.
- Breast cancer is the most commonly diagnosed cancer in women. In 2016, Texas ranks second in the United States in estimated new cases and third in expected cancer deaths due to breast cancer.
- Lung cancer is the second most commonly diagnosed cancer in Texas for men and women, and the leading cause of cancer-related deaths.
- Colon cancer ranks fourth in expected new cases and second in estimated cancer deaths for Texas men and women combined in 2016.
- The climate of Texas, combined with the number of Texans who regularly work and play outdoors, create a perfect climate for skin cancer. More than 2,900 cases of melanoma skin cancer will be diagnosed this year. Basal cell and squamous are much more prevalent.

Successful cancer treatment is dependent on early detection and quality of care. Having access to evidence-based treatment services and selecting the right option for each individual patient is essential.

Tips for Selecting a Treatment Provider

Most adults will share the treatment decision with a partner or spouse, but parents, friends, and children are other key influencers. Following are several tips to consider when selecting the best treatment option:

- Obtain multiple references from a primary care or specialty physician, which allows patients to research and find the physician with whom they feel most comfortable.
- Consider the level of treatment available: Will the patient have access to the latest treatments, as well as the most innovative techniques through clinical trials?
- Location and ease of access: Will treatment be available close to home and can all activities be completed in one complex, or will the patient have to travel to multiple locations?
- Does the doctor have experience treating your type of cancer?
- Quality of nurses and staff: How comfortable will you feel while you are being treated?
- Consider whether the physician and treatment center are covered by the patient's insurance plan.

Networks like Texas Oncology strive to deliver high-quality care from leading physicians, right in the comfort of their own communities. Our mission is to provide excellent, evidence-based care for each patient we serve, while advancing cancer care for tomorrow.

Sources: American Cancer Society, National Cancer Institute, Texas Cancer Registry, and Texas Department of State Health Services

