



Genetic Risk *E*valuation And *T*esting Program

Personal and Family History Questionnaire

Name: _____ Date: _____

Date of Birth: _____

Address: _____ City: _____

State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Occupation: _____

Gender: Female / Male

Texas Oncology Physician: _____ Marital Status: _____

Referring Healthcare Provider: _____ Primary Care Physician: _____

Race: _____

Your Mother's family country/countries of origin (Prior to USA): _____

Your Father's family country/countries of origin (Prior to USA): _____

Do you have Central/Eastern European Jewish Ancestry or Ashkenazi Jewish Ancestry on either side of your family?
(Please circle selection)

| | | | |
|---------|-----|----|--------|
| Mother: | Yes | No | Unsure |
| Father: | Yes | No | Unsure |

Please list any genetic testing you or your family members have had, and please obtain a copy of the genetic report prior to your visit:

Your appointment has been scheduled for

Date: _____

Time: _____

Office: _____

Please complete this form and bring it with you to your appointment.

Personal and Family History Questionnaire
Your Personal Health History

1. Your weight: _____ (pounds) Your Height: _____
2. Have you ever had cancer? ↑ YES ↑ NO *If YES, please continue below. If NO, skip to next question.*
 Age at diagnosis _____ Stage of cancer, if known: _____
 What type of cancer were you diagnosed with on this date?

 What treatments did you receive for this cancer? (surgery, radiation, chemotherapy, hormone): _____

 Have you had any other cancers? ↑ YES ↑ NO
 Please describe: _____

3. Please list any other genetic conditions, benign or precancerous growths you have had: _____

4. Cancer Screening History:

| Screening Test | Date of Most Recent Exam | Results of Most Recent Exam | Age at first exam? | How often do you have this exam? | Comments |
|---|---------------------------------|------------------------------------|---------------------------|---|-----------------|
| Women: | | | | | |
| Self Breast Exams | | | | | |
| Clinical Breast Exams | | | | | |
| Mammograms | | | | | |
| Breast MRI | | | | | |
| PAP Smear | | | | | |
| CA-125 | | | | | |
| Transvaginal Ultrasound | | | | | |
| Men: | | | | | |
| Digital Rectal Exam | | | | | |
| PSA Blood Test | | | | | |
| Men and Women: | | | | | |
| Skin Exams | | | | | |
| Colonoscopy | | | | | |
| Sigmoidoscopy | | | | | |
| Upper Endoscopy (EGD) | | | | | |
| Capsule Endoscopy | | | | | |
| ERCP (endoscopic retrograde cholangiopancreatography) | | | | | |
| Barium Enema | | | | | |
| Fecal Occult Stool Test | | | | | |
| Other/Notes: | | | | | |

Personal and Family History Questionnaire

5. Have you been diagnosed with Colon Polyps? ↑ YES ↑ NO
 Age at first colon Polyp _____ Total Number of colon Polyps _____
 Type of Polyp (If known) _____
6. Have you ever smoked? ↑ YES ↑ NO. If Yes, How many packs per day _____ for how long _____
 Do you drink alcohol? ↑ YES ↑ NO. If Yes, How many drinks per week? _____
7. For Women:
- At what age did your periods start? _____ At what age did your periods stop? _____
 - Why did your periods stop? Circle one: Surgical/Cancer treatment/Natural Menopause/Other: _____
 - #of pregnancies _____ #of births _____ # of Miscarriage or abortions _____
 - At what age did you have your first child? _____ Did you breast feed for longer than 1 month? ↑ YES ↑ NO
 - Complications with pregnancy? _____ C-sections? _____
 - History of abnormal pap smears? ↑ YES ↑ NO Age if yes _____
 - Have you ever taken hormone replacement therapy (HRT)? ↑ YES ↑ NO If yes:
 Type _____ (estrogen or estrogen and progesterone?)
 Year you began HRT: _____ Year you stopped HRT: _____
 Have you ever taken oral contraceptives? ↑ YES ↑ NO Total # years taken _____
 What age did you start taking oral contraceptives? _____ What age did you stop? _____
 - Have you ever had a breast biopsy? ↑ YES ↑ NO # of biopsies _____
 Did your biopsy show any of the following? Check here if Unknown _____

| | | | | | | |
|----------------------------------|-----|----|------------|------|---|---|
| Atypical Hyperplasia | YES | NO | age? _____ | Side | L | R |
| Lobular Carcinoma in Situ (LCIS) | YES | NO | age? _____ | Side | L | R |
| Ductal Carcinoma in Situ (DCIS) | YES | NO | age? _____ | Side | L | R |
| Invasive Cancer | YES | NO | age? _____ | Side | L | R |
 - Have you had a hysterectomy (surgical removal of uterus)? ↑ YES ↑ NO
 Why did you have a hysterectomy? _____ How old were you? _____
 - Have you had an oophorectomy (surgical removal of ovaries)? ↑ YES ↑ NO
 Were both ovaries removed? ↑ Both Ovaries removed ↑ Right ovary removed ↑ Left ovary removed
 Why did you have an oophorectomy? _____ How old were you? _____

Personal and Family History Questionnaire

8. Please list any allergies: _____

9. Please list all your healthcare providers:

| Healthcare Provider Name | Specialty |
|--------------------------|-----------|
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10. Please List other surgeries and year surgery completed:

| Surgery | Year of surgery |
|---------|-----------------|
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11. Please list any medical history (such as diabetes, high blood pressure, depression, thyroid disorder)

| Condition | Year diagnosed |
|-----------|----------------|
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12. Please list medications:

| Medication | Dosage | Frequency |
|------------|--------|-----------|
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Personal and Family History Questionnaire
YOUR FAMILY HEALTH HISTORY
PLEASE LIST ALL FAMILY MEMBERS EVEN THOSE WITHOUT CANCER
Your Children: (Please list all, even those without cancer)

| Sex | Name | Age | Age at death | Type of Cancer | Age at diagnosis | Benign or precancerous growth |
|-------|------|-----|--------------|----------------|------------------|-------------------------------|
| M / F | | | | | | |
| M / F | | | | | | |
| M / F | | | | | | |
| M / F | | | | | | |
| M / F | | | | | | |
| M / F | | | | | | |
| M / F | | | | | | |

Your Brothers and Sisters: (Please list all, even those without cancer)

| Name | Full or Half Sibling? | Sex | Age | Age at death | Type of Cancer | Age at diagnosis | Benign or Precancerous growth |
|------|---|-------|-----|--------------|----------------|------------------|-------------------------------|
| | <input type="checkbox"/> Full Sib <input type="checkbox"/> Maternal ½ Sib <input type="checkbox"/> Paternal ½ Sib | M / F | | | | | |
| | <input type="checkbox"/> Full Sib <input type="checkbox"/> Maternal ½ Sib <input type="checkbox"/> Paternal ½ Sib | M / F | | | | | |
| | <input type="checkbox"/> Full Sib <input type="checkbox"/> Maternal ½ Sib <input type="checkbox"/> Paternal ½ Sib | M / F | | | | | |
| | <input type="checkbox"/> Full Sib <input type="checkbox"/> Maternal ½ Sib <input type="checkbox"/> Paternal ½ Sib | M / F | | | | | |
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| Your Nieces and Nephews: (Please list all, even those without cancer) | | | | | | | |
|--|---------------------------------------|-------|-----|--------------|----------------|------------------|-------------------------------|
| Name | Who is their parent? (Sister Mary) | Sex | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
| | | M / F | | | | | |
| | | M / F | | | | | |
| | | M / F | | | | | |
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| Your Mother and Maternal Grandparents (Please list all, even those without cancer) | | | | | | |
|---|------|-----|--------------|----------------|------------------|-------------------------------|
| Relative | Name | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign of precancerous growth |
| Mother | | | | | | |
| Your Mother's Mother | | | | | | |
| Your Mother's Father | | | | | | |

| Aunts and Uncles on your MOTHER'S side of the Family (Please list all, even those without cancer) | | | | | | |
|--|-------|-----|--------------|----------------|------------------|-------------------------------|
| Name | Sex | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
| | M / F | | | | | |
| | M / F | | | | | |
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| | M / F | | | | | |

| Cousins on your MOTHER'S Side of the Family (Please list all, even those without cancer) | | | | | | | |
|---|---|-----|-----|--------------|----------------|------------------|-------------------------------|
| Name | Who is their parent? (ex: Uncle Joe) | Sex | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
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| Your Father and Paternal Grandparents (Please list all, even those without cancer) | | | | | | |
|---|------|-----|--------------|----------------|------------------|-------------------------------|
| Relative | Name | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
| Father | | | | | | |
| Your Father's Mother | | | | | | |
| Your Father's Father | | | | | | |

| Aunts and Uncles on your FATHER'S side of the Family (Please list all, even those without cancer) | | | | | | |
|--|-----|-----|--------------|----------------|------------------|-------------------------------|
| Name | Sex | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
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Cousins on your FATHER'S Side of the Family (Please list all, even those without cancer)

| Name | Who is their parent? (ex: Uncle Joe) | Sex | Age | Age at Death | Type of Cancer | Age at Diagnosis | Benign or Precancerous Growth |
|------|---|-----|-----|--------------|----------------|------------------|-------------------------------|
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Add any additional family members with a history of cancer below or on a separate page if needed.
Please include a copy of genetic test results if possible. If you have death certificates or pathology reports on family members with cancer or pre-cancer, please include with packet.

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Authorization to Disclose My Genetic Consultation and Genetic Test Results

Patient Name: _____ Date of Birth: _____

I Authorize Texas Oncology to disclose genetic consultation notes and genetic test results to the following physicians, or persons:

- 1. _____
- 2. _____
- 3. _____
- 4. _____

This Authorization ends one year following the date at which it is signed unless otherwise noted here:

Patient or Legally authorized individual signature

Date

Printed name if signed on behalf of the patient

Relationship (Guardian, parent, etc)