



Physical Therapist

Specialties:

Lymphedema
Orthopedics
Wound Care

Certifications:

Texas State Board of
Physical Therapy
Examiners
American Board of
Wound Management

Texas Breast Specialists-Austin Midtown

901 W. 38th Street, Suite
300
Austin, TX 78705
T: 512-421-4111

Metro Area: Austin

Spoken Languages:

English, Hookien Chinese,
Mandarin, Tagalog

General Summary

Honny's clinical experience is in acute care and outpatient physical therapy with specialty in lymphedema, wound care and orthopedics for the adult and geriatric population. Honny initiated the lymphedema program at

Texas Oncology and Texas Breast Specialist in 2014. Honny incorporates fascial cupping, dry needling, complete decongestive therapy and movement based therapy and yoga to attain the highest functional level of oncology patients, therefore improving their quality of life before, during and after treatment.

Education

- **Post Professional Doctor of Physical Therapy**
Des Moines University, Des Moines, IA
- **Bachelor of Science in Physical Therapy**
Emilio Aguinaldo College-Manila, Manila, Philippines

Other Information

I spend my time outside of work devoting time to my two dogs, Scully and Molly, and my two cats, Tamanojo and Mochi. I also love to read, hike, ride my bicycle and do Ashtanga yoga.

What is your personal philosophy around patient care?

"Listen to what your patients have to say, they will tell you what is wrong and what you need to work on."

Previous Clinical Practice

- Texas Oncology-Austin Midtown, Physical Therapist, Austin, TX (October 2014)
- American Medical Technologies, Clinical Specialist, Austin, TX (February 2014 – April 2015)
- EnduraCare Acute Care Services, Physical Therapist, Weatherford, TX (March 2009 – February 2014)
- Axis Rehabilitation Services, Physical Therapist, Weatherford, TX (March 2005 – March 2009)
- Medical City, Physical Therapist, Dallas, TX (October 2003 – February 2005)
- Methodist Charlton Medical Center, Physical Therapist, Dallas, TX (April 1996 – October 2003)
- Symphony Rehabilitation Services, Physical Therapist, Dallas, TX (May 1995 – March 1996)
- Methodist Charlton Medical Center, Physical Therapist, Dallas, TX (September 1993 – April 1995)

Why did you become a nurse practitioner/physician assistant/social worker?

I became a physical therapist because I have always been interested in the human body, how it works, how it gets injured and how to repair it.